

## CONTACT

## INFORMATION

### OFFICE HOURS:

Monday—Friday

10:00 to 6:00

### OFFICE LOCATION:

1 1/2 Miles North of  
Broken Bow, Oklahoma

### OFFICE PHONE

Dr. Greener

580-584-6338

Valerie

580-584-6339

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**"THE  
SHEA BUTTER DRIZZLE"**



# Greener Body Harmony Center

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## Old Fashioned CHIROPRACTIC & Body Harmony Sessions

### PASS THE GOOD NEWS AROUND

Special thanks to **Oklahoma Edge Magazine** for the great article SuZan & Jeff Cole (owners) wrote on Greener Body Harmony Center for their September issue. Check out their very informative and beneficial magazine at: [www.OklahomaEdge.com](http://www.OklahomaEdge.com) Also watch for the new GBHC billboard sign right there at the edge of the David Beards Cat Fish & Steak House parking lot on your way to Broken Bow. You can't miss that BRIGHT YELLOW SIGN! Southeast Time Newspaper, Oklahoma Edge and our monthly newsletters, are not only a way to stay informed and connected with community, but also a great source for sharing the good news of Greener Body Harmony Center with family and friends. Please pass them around!

### GET READY—GET READY—GET READY! For Your Healthy Lifestyle Change!

Is it time for your tune-up? You deserve for your body to be inline and feeling it's best, both inside and out. Some of Dr. Greener's patients travel for many miles for that adjustment that has them leaving the office commenting about how much better they feel. When the colder weather begins, your Body Harmony session is going to be even more enjoyable and beneficial to you. That warm Shea Butter massage, Dead Sea salt scrub, and those hot, moist towels wrapped around your body; all of this while soft music comes up through the Body Harmony table right in to your "whole body's system" is going to bring every bit of you into harmony. Besides all of this, **YOUR PROBIOTIC SUPPLIMENTS ARE HERE.** We now have just what you need for building up your immune system, strengthening your bones, balancing your vitamin and mineral intake, and supplying other nutrients your bodies system is craving. We have the best men's and women's daily vitamins, drops to PH balance your water intake, plus everything from prostate support to memory enhancing and stress relieving formulas. You need it, and we have it for you, and... only the best will do. Ask Doc. Greener to set you up on a protocol that is right for your optimum healthy lifestyle.

*Supplements are for Dr. Greener's patients and Valerie's Body Harmony and Intrinsic Assessment clients only. You can see the whole line and read more about these supplements on our website.*

### A HEALTHY WORD TO YOU FROM DOC. GREENER—SEASONAL ALLERGIES

Each year in the Fall, I am reminded of one of Mother Nature's gifts.....fall grass pollens. This season I am (so far) successfully dealing with my sinus overload by natural means. New Chapter's Sinus and Respiratory Formula, combined with their Chinese Skullcap and Zyflamend supplements are giving me my best non-drug relief in many years. Are all of my systems gone? No, but the quality of my busy daily schedule is much improved. The combination keeps my nasal passages clear and the inflammatory response much reduced, especially with the Zyflamend. If you, or a family member, are suffering with the annual "ragweed" season, we have all of these natural supplements on hand right now to try.

## Achieve **Body Harmony** at Greener Body Harmony Center



Valerie Skiles Greener

### Body Harmony Sessions + Intrinsic Assessment Counseling

The Body Harmony experience (both a massage and a full-body skin treatment) is a relaxing and edifying time just for you, and contributes to your healthy life-style changes and habits. It also has the potential for changing your life and positively influencing your world.



Dr. Gordon Greener

### Old-Fashioned Chiropractic Care

**NO X-RAYS** means: More Affordable  
Dr. Greener's experience allows him to assess and treat without xrays. In addition to being affordable for any budget, his unique, personable approach enhances the healing process.



Dr. Gordon and Valerie Greener

**Greener Body Harmony Center**  
4.10 mile North of Sherry Lane on Hwy 259  
(in the yellow A framed building)  
Broken Bow, Oklahoma  
[www.GreenerBodyHarmonyCenter.com](http://www.GreenerBodyHarmonyCenter.com)

Call for an  
appointment

Dr. Greener  
580-584-6338

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Check out new products at our website:  
[www.GreenerBodyHarmonyCenter.com](http://www.GreenerBodyHarmonyCenter.com)